TERRY FOX TRAINING RUN

10 MILE ROUTE

Westwood Elementary School

Hastings and Patricia

* Head west on Patricia to Woodland and turn right on Woodland
* Follow Woodland to Lincoln where it now becomes Pipeline
* Continue up Pipeline to Glen
* Turn left on Glen
* Continue along Glen to Lansdowne
* Turn right on Lansdowne to Guildford
* Turn left on Guildford and follow to the lights at Ungless
* Turn right at Ungless and follow this along as it crosses Heritage Mountain Boulevard and becomes Ioco Road
* Follow Ioco Road to April Road
* Turn left at April Road and go down the small hill to Alderside where it turns left
* Follow Alderside all the way to Old Orchard Park and continue along the Inlet Trail
* Follow the Inlet Trail until you see a left hand turn on the trail that takes you behind Port Moody Recreation Centre
* Run in behind City Hall turning left when you cross the railroad tracks
* Turn to the right following the outside of the Port Moody Recreation Centre as it comes out onto Ioco Road again
* Follow Ioco Road to cross Heritage Mountain Boulevard and continue back up Ungless to Guildford
* Turn left on Guildford and follow it along until it crosses Pipeline and becomes Ozada
* Follow Ozada as it bends to the right and follow it to the end of the road where it comes out at the backside of Maple Creek Middle School. This is the track where Terry loved to run and train
* Come around the school and back on to Hastings and back to Westwood Elementary

You can also continue along Hastings to Glenwood Avenue and turn left on Glenwood and then right on Morrill to visit Terry’s home located at 3337 Morrill.